



# The Messenger

## January & February 2025

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## From the Editorial Team

Well, here we are at the beginning of another year. A year in which we can look forward to welcoming Jack as our Associate Pastor, and his family. We must take this opportunity to give thanks to God for His faithful servant, Peter, who has 'shepherded' us over the last three years. We look forward to Peter and Jack working together in continuing the Lord's work Peter has started.

The editorial team reserve the right to reject any articles that may not be suitable. Only first names will be used, respecting privacy at all times. All photos submitted must have prior consent from those shown in the picture.

Our Minister, Revd Peter Jackson will approve all editions prior to distribution.



**The Editorial Team are:**

Carole: [shosholozo@hotmail.com](mailto:shosholozo@hotmail.com)

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**Items for the March/April 2025 edition should be sent to one of the above by Sunday 16th February, for distribution on Sunday, 2nd March 2025**

## From The Pastor's Desk



Do you remember Bob the Builder? One of the lines in his signature tune says, "Can we fix it? Yes, we can!"

In the garden of our previous house, we had a 5 ft high wall made of nice Purbeck stone. There had always been a crack down the wall, and we would often say to ourselves, "We need to do something about that wall", but we never did. Then the crack widened, the wall started to bow, and there seemed to be imminent danger of the garden next door collapsing into ours.

Something needed to be done! The wall needed fixing.

Having investigated the possibility of building buttresses to sheer up the wall, we soon discovered that it needed to be completely dismantled and rebuilt. It couldn't just be 'fixed' – to be alright. Eventually we had a completely new wall that was keyed in to just one corner of the existing wall that was secure and could remain. I sometimes feel that my ministry is a bit like that. Not simply 'sheering' people up so that they can just cope, but helping them get to the roots and put things right so that they are able to function without fear of collapse, keying them in to the security of the one who is our chief cornerstone.

But I also know that some things cannot just be 'fixed'. When we experience a bereavement, we look for someone to 'fix it' so that we don't have to face the pain. We want things to be as they were before the loss happened. But they can't be. The situation cannot be fixed as we would like it. In answer to the question, "Can we fix it?" we have to disagree with Bob the Builder and say, "No, we can't!" It isn't failure to admit this – it's just a recognition of reality.

And yet there is someone who is there for us in the midst of what cannot be fixed. I believe he is working for good and gives us the resources we need to go through whatever circumstances we face. And he gives us his shalom, his peace, that is deeper, stronger, fuller than what is understandable.

May you know his peace in the year ahead, in the things that can be fixed and those that can't.

*Peter*

## A Message from Jack and family

Hello everyone at GBC!



Candice and I are so excited about the upcoming months and we really wanted to share a message with you all.

The year of 2024 has been an interesting year for us as a family. When we prayed together about applying for churches, we both vividly remember reading the advertisement for GBC. "You definitely need to read this and apply Jack," Candice said whilst quickly moving her phone into my face. I especially remember us both agreeing that once I got back from my interview, as it would be close to 23:30, we would talk about it the next day. However, we chatted and prayed into the early hours together, we simply couldn't help but want to know more. After our fantastic weekend with you all and seeing how

on board the children were, we set aside a certain evening and prayed separately, asking God to speak to us and then we came back together to share what we thought God might be saying. I'll never forget that moment. I went first. I said that I felt God put the story of Abraham on my heart. That he left what he knew for a promise that God had given him and with that, the whole family left the comfort of the familiar for a new adventure. Candice was in disbelief. Not only did she have the same thing but she then shared that the story of Abraham and his calling was part of her morning bible reading. We both took this as a strong confirmation from God and continued to pray. Since then, I have had amazing conversations with people, some of whom lived close to Godalming and even one who got married at GBC in 1962!

We do hope you all have had a wonderful Christmas and we can't wait to be part of sharing the new year with you all. We have enjoyed keeping ourselves up to date with your services online and we are excited for what God has in store of GBC and Godalming. We look forward to being part of the community and getting to know you all!

God bless and see you soon!!!  
Jack, Candice, Elias and Jed.

**Donald Trump 50.3% - Jack Curtis 100% - Eat your heart out, Trump!**

# Church Family News

## Birthdays

### January

22nd - Bas N  
23rd - Mike H

### February

2nd - Chris H  
2nd - David W  
7th - Anne D  
15th - Linda C



If you have a birthday in March or April and are happy for us to put it in the Messenger, please let Sally know.



Congratulations to Wendy and Mike who celebrated their Golden Wedding in December



Congratulations to Fatmata on the safe arrival of a little baby daughter and sister for Grace in December - Precious Arabella Tirenoluwa



Congratulations to Pete and Christine who are celebrating 50 years of membership at GBC!

From the Catering Team

I am sure you would want to thank Christine, Peter and Shirley for all the many cups of tea/coffee they have served on a Sunday morning. They now feel the time has come to give up this form of service. In view of this, we have a gap in our rota, could *you* help us fill this gap? We are looking for at least two people. If you can help, please speak to Audrey.

On another subject, we seem to have mislaid a few items from the Church. So that we can keep a track of everything if you wish to borrow anything please ask first. We have also had some breakages lately, please report any you may have. (We all have accidents).

Thank you for your co-operation.

Audrey

**When a flashlight grows dim or quits working, you don't throw it away, you change the batteries. When a person messes up and finds themselves in a dark place, do you cast them aside? Of course not, you help them change their batteries! Some need AA.. attention and affection; Some need AAA.. attention, affection and acceptance; some need C.. compassion; some need D.. direction. And if they still don't seem to shine... simply sit with them quietly and share your light.**



**Sat 11th January 10am - 12Noon  
supporting St Mark's Food Bank  
and Sat 8th February for  
Godalming & Villages Community  
Store**



## **Godalming Foodbank**

Run from St. Mark's, on a Monday and Wednesday afternoons between 1pm and 2.15pm with emergency calls on a Thursday 11am to 12.30pm.

Our fantastic volunteers are instrumental in the running of the foodbank.

We sign clients for between 3 - 6 months on a 2 weekly collection basis and supply food, cleaning and toiletry products. Three times a year we hand out Sainsburys vouchers of £25 and, more recently, have helped with home fuel costs with funding from Surrey County Council.

Currently we supply around 100 parcels a month with regulars and one off's.

We support organisations such as Loseley Fields School, Binscombe Surgery and various Waverley run units i.e. family, mental health, children and young people.

We accept referrals from any care giving organisation, for example, home to school link workers, CAB, doctors, etc. Many care giving organisations can help with referrals.

We can be found on the "Godalming Minster" website.

For more information:

St. Mark's Community Centre/Church, Franklyn Road GU7 2LP

01483 418741

stmarkscentre@googlemail.com



Our foodbank in Farncombe supports local households referred to us for help.

We rely on our community for donations of tinned and packet food, toiletries & cleaning materials.

Financial gifts buy fridge & freezer items.

Thank you for  
your vital support!

Weekly shopping list is on our website & social media - follow us for regular updates.

Donation points include Farncombe Co-op, Waitrose & Sainsbury's. You can give financially via our website:



[www.godalmingcommunitystore.org](http://www.godalmingcommunitystore.org)

# Notices

## **Men walking proposed dates January-July 2025**

We usually walk about 4 miles and have lunch together afterwards once a month. We try and share lifts and walk a variety of routes trying to avoid aggressively steep hills, deep mud, puddles and styles. Not always successful but we try. We usually start about 10:30. You are welcome to join us.

Please speak to Michael Jones for further information. 07583 016139

## **Men at breakfast**

Do you like the idea of meeting once a month to eat breakfast together? We will see how this goes. We shall start 25th January, 22nd Feb, 22nd March. Meet 8:30 Wetherspoons.

Further details Michael Jones 07583 016139

## **For everyone**

Badminton. We have tried to play badminton on a weekly basis every Wednesday from 11:15 for 1 - 1½ hours. This has been disrupted since the summer. We are now going to try playing Badminton and table tennis on alternate Wednesdays starting at 11:15.

We start with badminton on the 15th January, 29th January, 12th February, 26th February.

Table tennis 22nd January, 5th February 19th February. Everyone is welcome no matter what standard you think you are. We play for fun and a bit of exercise.

Further details Michael Jones 07583 016139

## **Church prayer**

We have a church prayer meeting on the first and third Wednesday of each month at 10:00 to pray for all aspects of church life.

We also meet on the fourth Wednesday of the month for Missionary prayer.

Prayer is vital to the life of the church and you are encouraged to join us. Don't miss out on what God is saying to us and doing among us.

# WHAT'S ON AT GBC!

## GAMES AFTERNOON

Games Afternoon is held on Fridays monthly at GBC 2.00-4.00pm. Do join us for a light-hearted afternoon of various boardgames e.g.; Quiddler, Rummikub, Scrabble, Chess and the ever popular Bingo! A warm welcome awaits and a cup of tea and biscuits. Audrey faithfully supervises the enthralling game of Quiddler and helps set up and organise the afternoon - thank you, Audrey!

Thank you also to those lovely folk from GBC who support the Games Afternoon and chat to folk who come from the community. We meet again on Friday 10th January and then on 7th February. Do come and bring a friend!

For more details contact Sally: 01483 428646



A game of Chess in progress

## THE ARK - THURSDAYS FORTNIGHTLY AT GBC

We are a very happy family at the Ark.

We have 40 children on our books (and sadly a waiting list) and we are often told what a lovely atmosphere there is because we care not only about the children but also the parents and grandparents who visit. Refreshments are available and we enjoy a short active story, often with a puppet such as Scruff the dog, naughty teenage Jasper or wise Grandma Patsy. Within these stories we share the love of God and the importance of recognising feelings such as sadness, joy or anger. We also have singing time with all the children's favourites and we do take requests also recognising each Child's birthday with a blowing out of candles and a gift. Each child receives a children's bible when they leave. The volunteers are amazing, without whom we could not run our valuable group for our young families of Godalming. Thanks to our team; Sheila our treasurer, Shirley our refreshments queen, Sarah our Mrs Sticky, Chris our piano player, Pete, Marion, Steph, Anne and Catherine - all contribute to make the Ark one big happy family.

We are very excited that the diaconate have agreed to replace the outside flooring for the summer months, when the children can use the outside area for ride-on toys and a Wendy house. Thank you to Malcolm for investigating costs and organising the refurbishment.

Please contact Catherine re the waiting list - Tel: 07973 927233





## **A TIME TO BE CREATIVE AT ART SPACE!**



Art Space meets monthly on Saturday mornings at GBC from 9.30am onwards until 12.00 noon. It is an opportunity to enjoy various art/craft forms in a relaxing environment. There is a quiet table if you want to immerse yourself quietly in being creative or other tables when you can knit, sew, crochet, colour or draw! Everyone brings their own materials and it is great seeing what other folk are doing! Tea/coffee and biscuits are provided and there is the opportunity too to enjoy delicious home-made cakes from Coffee Stop in the next room. Do come and bring a friend!

Thank you especially to Nick and everyone from GBC who comes to support the morning and chat to folk from the community.

The next Art Space meets on 11th January and then on 8th February.

For more details contact Sally: 01483 428646



## A Wordsearch of 50 Bible Cities, Towns and Villages From Eric



<b>ANTIOCH</b>	<b>ARITHMATHEA</b>	<b>ASHDOD</b>	<b>ATHENS</b>
<b>BABYLON</b>	<b>BEERSHEBA</b>	<b>BEREA</b>	<b>BETHANY</b>
<b>BETHEL</b>	<b>BETHLEHEM</b>	<b>BETHSAIDA</b>	<b>CAESAREA</b>
<b>CAESAREA PHILIPPI</b>		<b>CANA</b>	<b>CAPERNAUM</b>
<b>COLOSSAE</b>	<b>CORINTH</b>	<b>DAMASCUS</b>	<b>EMMAUS</b>
<b>EPHESUS</b>	<b>GENNESARET</b>	<b>GIBEON</b>	<b>GILGAL</b>
<b>GOMORRAH</b>	<b>HEBRON</b>	<b>ICONIUM</b>	<b>JERICHO</b>
<b>JERUSALEM</b>	<b>JOPPA</b>	<b>LAODICEA</b>	<b>MAGDALA</b>
<b>MEGIDDO</b>	<b>MIZPAH</b>	<b>NAIN</b>	<b>NAZARETH</b>
<b>PERGAMUM</b>	<b>PHILADELPHIA</b>	<b>PHILIPPI</b>	<b>ROME</b>
<b>SARDIS</b>	<b>SHECHEM</b>	<b>SHILOH</b>	<b>SIDON</b>
<b>SMYRNA</b>	<b>SODOM</b>	<b>TARSUS</b>	<b>THESSALONICA</b>
<b>THYATIRA</b>	<b>TROAS</b>	<b>TYRE</b>	

CAESAREA, CAESAREA PHILIPPI and PHILIPPI all have separate positions in the grid



## **A happy time was held at Friendship Christmas Lunch!**

Another busy year of lunches has gone by! Friendship Lunch meets fortnightly for a delicious 3 course lunch with various speakers and a monthly quiz. A wonderful team of dear people work so hard to make this happen. Heartfelt thanks to Nikki, our wonderful cook and Audrey, Hazel and Carole who assist her, Dolly, Manjula and Gill, front of house, Chris our great treasurer, Dolly for coming early to set up (and clear up too!) Mandy and Glen for all their veg peeling and Gloria and Josie on reception meeting and greeting everyone, and to Chris and Pete for arranging memorable outings through the year. Thank you all! Friendship Lunch is such a worthwhile event, showing God's love to everyone. Folk so enjoy their lunch and the opportunity to chat with friends.







Christmas Puds are ready!



Happy Christmas Everyone!

## Another Christmas Memory

I like going to pantomimes every year. I remember my first pantomime. It was back in 1962, on Boxing Day. I remember being very excited.

My Mum and Dad and I went on the train from Farncombe as I was not good at travelling on the bus in those days. The Guildford Theatre, then, was in North Street, Guildford, long before the Yvonne Arnaud was built.

It was a lovely old building half way up North Street. The pantomime was Treasure Island. Really enjoyed it. Then when we came to leave, it had started snowing. Very exciting for me but not my parents. This was the start of the snow that lasted into 1963.

I remember going to school and jumping on the piles of snow that people had dug up on the pavement to clear it. It lasted until March.

Just a memory from my childhood.  
Christine K

## THAT DAY

If someone says "You've changed a lot" that you have something they have not.  
How will you tell them what it is that what you have is yours and HIS  
the joy of knowing that from **"That Day"** all your sins were washed away.

Can you tell them why HE came to cure the sick and heal the lame  
much more than that HE came for thee for only HE could pay the fee.  
HIS life is what HE had to give so that you my friend, could live.

**"That Day"** when on the cross he died and hung for you with arms spread  
wide  
he came to set all sinners free; he came to save both you and me  
But how, this story can you tell to save your friend from going to Hell?  
Come and learn how you can share on Sunday mornings – **if you dare?**

Author Unknown – from Norman J

## Another Year

A poem submitted by Shirley

Another year is dawning!  
Dear Master let it be  
In working or in waiting  
Another year with Thee  
Another year of learning  
Upon Thy loving breast,  
Of ever deepening trusting,  
Of quiet happy rest

Another year of mercies,  
Of faithfulness and grace,  
Another year of gladness  
In shining of thy face  
Another year of progress,  
Another year of praise,  
Another year of proving  
Thy presence all the days.

Another year of service  
Of witness for Thy love,  
Another year of training  
For holier work above  
Another year is dawning;  
Dear Master, let it be,  
On earth or else in heaven,  
Another year for Thee

Miss F.R. Havergal



# Life Issues



*Save the dates for 2025 Life Issues Sessions at  
Godalming Baptist Church!*

## **Dates and topics booked so far**

Saturday 25<sup>th</sup> January:

### **Bullying**

led by Revd Peter Jackson.

Saturday 15<sup>th</sup> March:

**Living With And Supporting Those With Cancer**

led by Daphne Bleach

Saturday 26<sup>th</sup> April:

**Empowering Older People**

led by Louise Morse

Saturday 14<sup>th</sup> June

**Pastoral Care In Challenging Times**

Led by Andy Peck

Saturday 5<sup>th</sup> July

### **Trauma**

led by Libby Williams

Saturday 20<sup>th</sup> September

**Ladywell Day For Women- 'An Oasis In the Desert'**

Saturday 11<sup>th</sup> October

**Topic To Be Confirmed led by Dr Martin Brunet**

To book a place please contact Sally Pollard-01483-428646  
or email [pollard3@hotmail.co.uk](mailto:pollard3@hotmail.co.uk)

# **BULLYING – IT'S HAPPENING EVERYWHERE**



***Led by Revd Peter Jackson***

***Saturday 25<sup>th</sup> January 2025***

***10 am – 12.30 pm***

*(Coffee available from 9.30 am)*

**at Godalming Baptist Church,  
Queen Street, Godalming, Surrey GU7 1BA**

What is bullying?

What is the difference between bullying and harassment?

We often associate bullying with children but many adults are bullied.

In what situations does bullying happen?

What are the signs that bullying might be taking place?

What does it feel like to be bullied?

How do we deal with bullying?

Come and join us to look at some of these issues together, and find out ways of combatting bullying whether for our own preservation, or in coming alongside others who are experiencing this intimidating behaviour.

**The session will be free of charge, but voluntary donations are invited for  
The National Bullying Helpline**

**To help with managing numbers please reserve a place,  
by contacting Sally Pollard email: [pollard3@hotmail.co.uk](mailto:pollard3@hotmail.co.uk), tel: 01483 428646  
by ***Friday 10<sup>th</sup> January*****

# Events

## BALLROOM & LATIN

Godalming Baptist Church

### BALLROOM

- Slow waltz
- Tango
- Viennese Waltz
- Foxtrot
- Quickstep

### LATIN

- Samba
- Cha-cha
- Rumba
- Paso Doble
- Jive

ADULT CLASSES:  
Thursdays at 7 pm

WEDDING DANCE

PRIVATE LESSONS

### CONTACT US:



WhatsApp number:  
+380994272283 (Sergey)



e-mail: [serg.shunkarenko@gmail.com](mailto:serg.shunkarenko@gmail.com)



15 Queen Street, Godalming, Surrey, GU7 1BA



**Conservatoire Concerts**



# **Baroque Festival 2025**

**At**

**Godalming Baptist Church GU7 1BA**

**Thursday 9th January, 7.00-8.00pm**

**Purcell School Baroque Ensemble**

Works by JS Bach, Telemann and more

**Saturday 11th January, 10.30am - 11.00am**

**Baroque Masters on the Organ**

Organ recital by **Evan Lawrence**

**Saturday 11th January, 7.00pm - 9.00pm**

**Gala Concert featuring**

**Conservatoires Concerts Baroque Ensemble**

Works include Vivaldi 'Winter', Corelli 'Christmas Concerto' and  
JS Bach Keyboard Concerto in D minor and vocal works



**Admission Free - Retiring Collection towards musicians' fees**

**Reservations: Suzanne Cacciottolo 07940013314**

**Or email [suzanne.cacciottolo@gmail.com](mailto:suzanne.cacciottolo@gmail.com)**

**[www.conservatoireconcerts.org.uk](http://www.conservatoireconcerts.org.uk)**





# **Conservatoire Concerts**

**At  
Godalming Baptist Church GU7 1BA**

**Saturday 8th February 2025, 7.00pm**

## **Violin and Harp Duo**



**Featuring  
Anna Zaffagni  
(violin) and  
Isabel Eberhardt  
(harp)**

**Programme  
includes works by**

**JS Bach, Scarlatti,  
Saint-Saëns, Ibert  
and  
other composers**

**Admission Free - Retiring Collection towards  
musicians' fees**

**Reservations: Suzanne Cacciottolo 07940013314**

**Or email [suzanne.cacciottolo@gmail.com](mailto:suzanne.cacciottolo@gmail.com)**

**[www.conservatoireconcerts.org.uk](http://www.conservatoireconcerts.org.uk)**



## QUIZ



1- Who wrote 'Twenty Thousand Leagues Under The Sea'?

.....

2-How many muscles does an elephant have in his trunk? .....

3-Who was responsible for the world's first mass-production of cars?

.....

4-Who has more genes-a tomato or a human being? .....

5-When were the hanging Gardens of Babylon created? .....

6-In what Art Gallery is the Mona Lisa kept? .....

7-Where does Paddington Bear come from?

.....

8-How many keys does a standard piano have? .....

9-What was the name of the first animal to be cloned? .....

10-Which is the longest running soap programme on UK television?

.....

11-When was the first BBC television broadcast made? .....

12-Octophobia is the fear of what? .....

13-How many escalators are on the London Underground?

.....

14-When did the Titanic make its maiden voyage?

.....

15-What is the total length of the Channel Tunnel?

.....

16- What bird has the largest brain? .....

17-Whose famous catchphrase was 'I don't believe it!?' .....

18 -Who said 'The best way of learning about anything is by doing?

.....

19-What was Dennis The Menace's dog called? .....

20- Stinking bishop is a type of what? .....

**For answers see page 42**

# Prayers

Our Father God as we move beyond another Christmas into a new year we thank you that Jesus Christ has brought light into the darkness of this world revealing your truth and the way of salvation. May the truth light up my personal life and lead me to being more like you as, by the holy spirit, you work in me to your glory. May I be determined to deepen my relationship with you, to know you better and to allow you to work in me according to your purpose. May the truth light up your church, our local community, our nation and the world. May the church deepen its relationship with you that it may know you better and work in it according to your purpose. May the light of your glory be seen in my personal life, in the church and around the world that it might bring peace, hope, joy and love.

Father we live in a world troubled by conflict, division, separation, isolation and exclusion may your light shine into the areas of the world where these exist and bring peace, a peace that lasts. We lift to you the 39 countries currently at war and ask that you will raise up peace makers. We ask that you will also bring peace where there is division in communities and families. We know that you can bring a peace which passes understanding into individual lives and we ask for that for ourselves, our communities and our nation

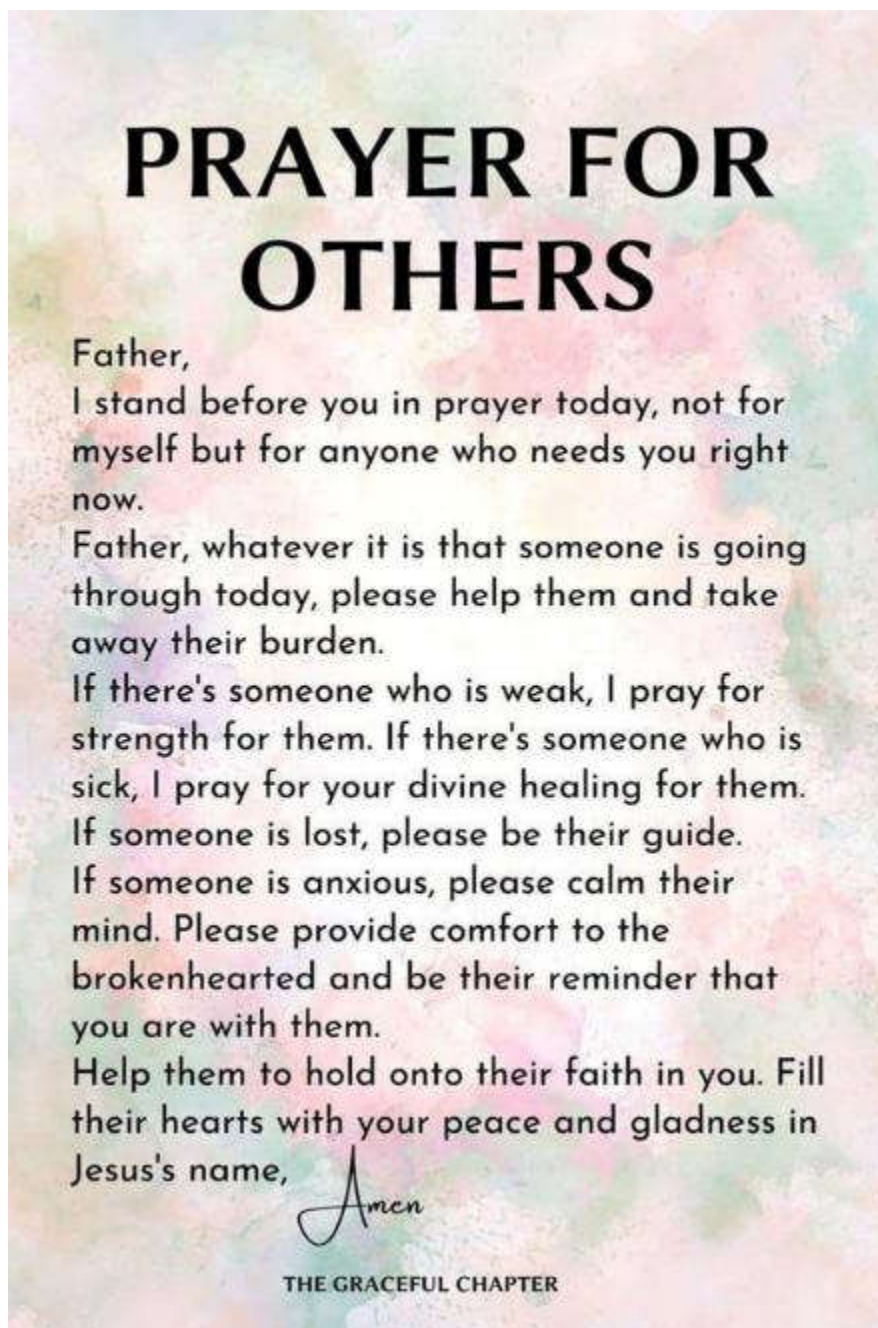
In Christ Jesus you have given us a hope. Thank you for your sure and certain promises. Please help us to daily read and rely on the promises given in your word. May hope in Jesus Christ lift our thoughts and actions beyond this world to the world to come, the new heavens and new earth you have promised. Please make this year a year of transformation for me personally, for my family for my fellowship, the church and this world in which we live and move and have our being.

Father we sing "Joy to the world, the Saviour comes". May your joy overwhelm us and inspire us. May we be a means of bring your joy to those around us, beyond us and around the world. Help us always to have Jesus before us that the joy of the Christmas message may never fade. Joy transforms us, may your joy be ever present in our lives whatever the circumstance we find ourselves in. May Christ be seen in us and may we share this joy with all that we know and meet.

Father your word tells us you are love and we rejoice in knowing your love. May we through this new year learn to love others as you have loved us. Thank you that your love abounds towards us. Please help us to receive that love and give in a

similar way. Thank you that your love is an everlasting love. Please help us to appreciate the immensity of your love and may that love be transforming of our lives and those we come into contact with. Thank you that your love is a gift of grace.

Amen



***Every two months we will choose a topic for prayer. Please let Messenger know if you would like prayer that edition that covers a particular topic.***



### **The Book Your Pastor Wishes You Would Read**

(but is too embarrassed to ask)

By Christopher Ash

Pastors are people too - and in this warm, practical book, Christopher Ash helps us to see that if we want a joy-filled church, we need to have a cared-for pastor.

### **Fruitfulness on the Frontline**

By Mark Greene

Making a difference where you are.

In this spirit-lifting, heart-warming book, Mark Greene serves up a liberating view of how God can and does work, in and through us in our daily lives.

It will enrich your sense of wonder at the greatness and grace of the God who not only gave his life for us, but invites us to join him in his glorious, transforming work.....

.....and who helps us as we do.

Godalming Baptist Church library has a vast selection of books covering various life issues e.g. Bereavement, Dementia, Addictions, Autism, Depression, Self-Harm etc. There are also books on encouragement and guidance in life's journey.

Open Sunday mornings after 11:30am or weekdays during term time between 9:00 and 12:00 (subject to bookings)

# Recipe

## Butternut squash soup

### Ingredients

- ❖ 1.5kg peeled and deseeded butternut squash, cut into 3cm cubes
- ❖ 1 large white onion, roughly chopped
- ❖ 2 medium carrots, peeled and chopped
- ❖ 1 red pepper, deseeded and cut into cubes
- ❖ 4 tbsp olive oil
- ❖ 5cm/2in piece fresh root ginger, peeled and chopped
- ❖ 1 clove of garlic chopped finely - optional
- ❖ 1.5 litres vegetable stock - a vegetable Knorr Stock pot is good.
- ❖ salt & ground black pepper

### Method

- ❖ Preheat the oven to 200°C or 180°C Fan
- ❖ Tip the prepared squash into a large roasting tin with the onion, carrots and red pepper. Drizzle half the oil over the vegetables and sprinkle with salt and pepper and toss everything together until the vegetables are evenly coated. Once covered spread out to form a single layer.
- ❖ Roast in the oven for 40–45 minutes, or until tender and caramelized.
- ❖ Place a large, deep-sided saucepan over a medium heat, add the remaining oil and, when it is hot, add the ginger and fry for a minute along with the garlic if using.
- ❖ Pour in the stock and bring to the boil, then stir in the roasted vegetables and season to taste.
- ❖ Remove the saucepan from the heat and, using a hand blender, blend the mixture until smooth. Be careful as it will be hot!
- ❖ Return to the heat to warm through and serve hot.



Recipe from Nikki and is high in fibre and rich in beta carotene

**We look forward to receiving your favourite recipes for future editions**



# Thoughts

"Give, and it will be given to you.  
Good measure, pressed down,  
shaken together, running over, will be  
put into your lap. For with the  
measure you use it will be measured  
back to you."

Luke 6:38 (ESVUK)



## "Be still, and know that I am God."

Ps 46:10

Stop talking  
Switch off your phone  
Stop commenting  
Listen  
Stop arguing  
Stop questioning  
Stop moaning

Stop doubting  
Be sure  
Have faith  
No second opinion

God is Almighty  
God is in control  
God is love  
God is King  
God is my hope, rock,  
fortress  
God is ever-present, a  
help in times of  
trouble.  
God is my Father  
God is my shepherd-  
He will lead me,  
nourish me, protect  
me & restore me.

## LOVE LETTER TO A SISTER

A woman had tea with her mother. While they were talking about life and adulthood, the mother said: "Never forget your sisters. They will become very important over time. No matter how much you love your husband or your children, you will need your sisters. Remember, when I talk about your 'sisters,' I mean ALL the women who are close to you."

"Sometimes you need to reach out to them, maybe go out with them, do things with them, because one day, you will need them!" The daughter locked those words in her heart. She kept in touch with her sisters. Over the years, she made many friends. Some came, some went, but over time, she understood what her mother meant. The world, time, nature, and life offer their changes and mysteries in a woman's life, but your true sisters will always remain.

After all the years I have lived on this earth, I have learned that:

Time passes.

Life happens.

Children grow up.

Distance separates.

Passion fades.

The heart breaks.

Our parents die.

Favours are forgotten.

Job opportunities come and go.

Careers end.

BUT... Your sisters are always there, no matter the distance between you. A sister is never too far to be reached. When you have to walk through a lonely valley and do it on your own, the sisters in your life will be around you, encouraging you, praying for you, pushing you, intervening for you, and waiting with open arms at the end of the road. They will walk beside you... or even carry your load.

Grandmothers, mothers, daughters, granddaughters, nieces, aunts, mothers-in-law, sisters-in-law, daughters-in-law, and your PRECIOUS CLOSE FRIENDS... They are all your "sisters," and they are God's blessing in your life!

***PLEASE NOTE:*** This applies to men as well; just substitute male references for female, e.g. 'brother' for 'sister', 'father' for 'mother', 'uncle' for 'aunt', etc.

## St Margaret Halaska in a poem entitled: Covenant

The Father knocks at my door, seeking a home for his son.

"Rent is cheap," I say.

"I don't want to rent. I want to buy," says God.

"I'm not sure I want to sell,  
but you might come in to look around."

"I think I will," says God.

"I might let you have a room or two."

"I like it," says God. "I'll take the two.  
You might decide to give me more someday.

I can wait," says God.

"I'd like to give you more,  
but it's a bit difficult

I need some space for me."

"I know," says God, "but I'll wait.

I like what I see."

"Hmm, maybe I can let you have another room.  
I really don't need that much."

"Thanks," says God. "I'll take it.

I like what I see."

"I'd like to give you the whole house  
but I'm not sure..."

"Think on it," says God. "I wouldn't put you out.

Your house would be mine  
and my son would live in it.

You'd have more space than you've ever had before."

"I don't understand at all."

"I know," says God,

"but I can't tell you about that.

You'll have to discover it for yourself.

That can only happen  
if you let him have the whole house."

"A bit risky," I say.

"Yes," says God, "but try me."

"I'm not sure –

I'll let you know."

"I can wait," says God, "I like what I see."

This man is not a beggar or homeless wanderer

This is Leo Tolstoy a Russian novelist and philosopher, best known for his novels "War and Peace" and "Anna Karenina". He is considered one of the greatest authors of all time and a key figure in the realist movement in literature.

He sold all he had for the homeless to have a home and beggars to have food.

Tolstoy was born on September 9, 1828, in Russia and died on November 20, 1910. His writing often explored themes of morality, ethics, and the human condition, and his works are still widely read and studied today.

Some of his notable quotes include:

**"Don't tell me about your religion, let me see your religion in your actions"**

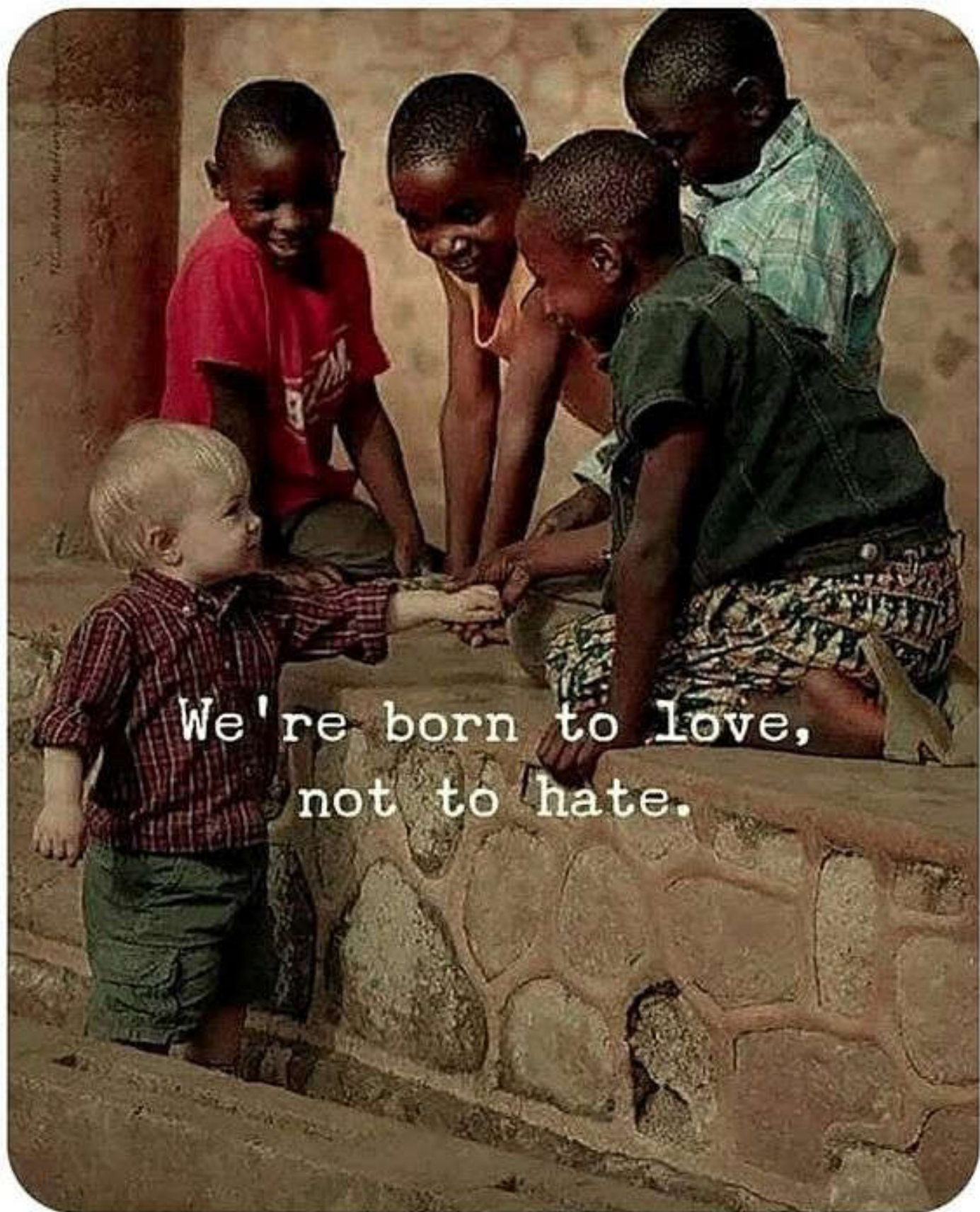
**"If you feel pain, you are alive. But, if you feel the pain of others, you're human"**

Tolstoy's legacy extends beyond literature, too. He was also a philosopher and social reformer, and his ideas about non-violent resistance and simple living have inspired leaders like Mahatma Gandhi and Martin Luther King Jr.



Never stop doing little things for others. Sometimes those little things occupy the biggest part of their hearts.





The tongue has no  
bones, but it is strong  
enough to break a heart.  
So be careful with  
your words.



# Humour





## Closing Sermon Words



A preacher was completing a temperance sermon: with great expression he said, "If I had all the beer in the world, I'd take it and throw it into the river." With even greater emphasis he said, "And if I had all the wine in the world, I'd take it and throw it into the river."

And then finally, he said, "And if I had all the whiskey in the world, I'd take it and throw it into the river."

He sat down. The song leader then stood very cautiously and announced with a smile, "For our closing song, let us sing Hymn # 365: "Shall We Gather at the River."

dbits

## Quiz Answers

- 1 - Jules Verne**
- 2 - Over 40,000**
- 3 - Henry Ford**
- 4 - Tomatoes**
- 5 - About 600 BC**
- 6 - The Louvre in Paris**
- 7 - Peru**
- 8 - 88 keys**
- 9 - Dolly the Sheep**
- 10 - Coronation Street**
- 11 - 1936**
- 12 - The number 8**
- 13 - Over 400**
- 14 - 1912**
- 15 - 23.5 Miles**
- 16 - The Humming Bird**
- 17 - Victor Meldrew**
- 18 - Richard Branson**
- 19 - Gnasher**
- 20 - Cheese**





You are warmly invited to join us for Sunday Services at 10:00am  
Our morning services are recorded and videoed and are available to watch live or on  
YouTube later

<https://www.youtube.com/channel/UCCwMJcsPAKXKSImP7sfTfCg>

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