WORKSHOP EVENT
LIVING WELL WITH NEURODIVERGENCE (IN ADULTS)

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Led by
Dr Jenna McKeown
and Jo Doherty



Saturday 15th May 2027 10:00 am – 3:00 pm
(Coffee available from 9.30 am)
At Godalming Baptist Church, Queen Street, GU7 1BA

Dr Jenna Mckeown: A Clinical Psychologist with over a decade of post-qualifying experience in the NHS and private practice, and who specialises in therapy and post diagnostic support for adults with ADHD and/or Autism.

Jo Doherty: A trainee Clinical Psychologist with over 8 years' experience in the NHS and a particular interest in working with neurodivergent adults, with internationally published research in this area.

Come along to learn more about neurodivergent minds:

- ***This is a workshop with formal teaching, learning in small groups and interactive tasks.***
- ***Suitable for people living with neurodivergence, as well as those supporting them and everyone also to gain a deeper understanding***
- ***Enjoy practical tips and navigating life. Have the chance to explore how to thrive in your life!***
- ***Attendance at this workshop will be capped at a lower number than usual to ensure that the day can be interactive. Participants will receive a pack of information and worksheets to take away from the day.***

Please reserve a place, with payment of £25, by contacting Sally Pollard by *Saturday 1st May 2027.*
email: pollard3@hotmail.co.uk, Tel: 01483 428646