Understanding Addictions

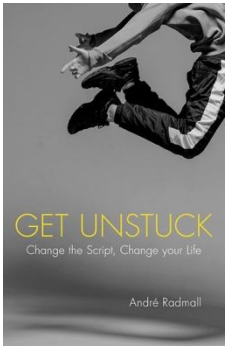
Saturday 24th April 2027 09:30am – 12:30pm
(Coffee from 09:00am)
Godalming Baptist Church, Queen Street, GU7 1BA



Led by André Radmall
Psychotherapist, business coach & tutor.
Author of 'Get Unstuck: Change the Script, Change Your Life'

André will explore the following topics:

- Causes of addiction
- The journey from addiction to recovery
- Alcohol, social media, pornography and gambling addictions
- Helpful tools to aid long-term recovery



"I have studied many different approaches to helping people move from being defined by their problems and limitations to reaching their potential."

Reserve a place with a payment of £10 by Friday 16th April.

Contact Sally Pollard:
Tel 01483 428646 or e-mail pollard3@hotmail.co.uk