Ark and Little Lights 8 January 2020

Hello Parents,
Wishing you a happy, healthy 2021. I hope you can feel that spring is just round the corner and we will soon have lighter days and a healthier nation.
I am so sorry if any of you have suffered with this nasty virus. Remember that Godalming Baptist church will always send out a prayer for you and your families.
I really pray that we will be back after Easter but let's just wait and see.

Jonah says no to God

https://youtu.be/hjxTcCA3H3E

Jonah was asked to do something by God and he just said NO. My grandson Jacob loves the word no and it can be frustrating as a parent with deadlines and other children to deal with. I find it easier as a grandparent, having seen it all before and also having more time now. Some lovely advice from a lecture I went to from 'Care for the family' said this: ' Let each child be what they are, the perceived naughty one still has the need for a kind heart. Nobody will love them like you. Have confidence in your parenting. Get down to their level, look them in the eye and find out what is behind that negative behaviour. Try to spend time with each one of your children on their own. Work together as parents or with grandparents with your discipline. Say what you mean and mean what you say. Choose which battle to fight but don't fight all of them."
Sounds like common sense but it still sometimes difficult to do when you are anxious or irritable yourself.

Boat craft

The next time you go to throw a sauce or jam jar, keep the lids. You'll need them to make these adorable little boats.
You will also need wooden skewers or drinking straws (might be safer) and small paper rectangles for the sails.
You could use little round sponges instead of the lids, which float beautifully and the straws can stick through them rather than having to use strong glue.
All of this can make bath time such fun.

Take care and let's hope we can all be together soon
  love Catherine, Ark and little lights
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