

The Rock, Sunday 12th April 2020

Easter Sunday

Warm up

Dance to, join in with the actions (if you can remember them) and sing our Rock song.

This video has the words:

<https://www.youtube.com/watch?v=dcAG4PbNXaA>

This video has the actions: <https://www.youtube.com/watch?v=8dbOgl>



Getting started

Equipment

Plastic bottle (transparent), water, oil, washing up liquid, children's story Bible

Begin with your bottle half filled with water. Say that in the beginning, God the world and people and everything was good. Just like this water is clear there was no wrong in the world and God and people lived together as friends. In fact, this water is a bit like God - he is completely pure and clear and good, nothing wrong about him and he never does bad stuff. But pretty soon, people started to do wrong things. (Pour a couple of centimetres of oil into the bottle, close the lid again.) Ask the children what the oil has done. It's messed up the water in the bottle, but can they see what has happened? The oil is just floating on top of the water - it's not mixed with the water. The oil is a bit like the bad things in the world - they can't mix with God. You can shake the bottle and show that the oil always floats to the top. This means that, because we all do stuff that is wrong, we can't mix with God anymore.



Say that God hates that this is the case. He wants to be friends with us and mix together like we did at the beginning. In fact, God hates this situation so much that he decided to make a rescue plan to fix things. Read the Easter story from a children's story Bible.

Say that Jesus died on the cross to take the punishment for every bad thing anyone has ever done. Pour a centimetre or so of washing up liquid into the bottle and replace the lid. Give the bottle a good shake. Ask the children what has happened. All three liquids have mixed together. That's what Jesus does - he lets us mix together with God again.

The Point: To show why the Easter story is important.

Story time

Ask the children if they know anything about the Easter story. Let them share their ideas. Make sure the key points come out that Jesus died on a cross and came back to life 3 days later. Ask if anyone knows why it's important. Say that the Easter story is important because it's part of a much bigger story, which is important for everyone in the world!

You could show a video of the Easter story to finish:

<https://www.youtube.com/watch?v=LgFZDCguR8E&t=199s>

The Point: To put the Easter story in the context of the whole of God's story.



Craft ideas

1. Equipment

White card, masking tape, scissors, coloured chalks or pastels, hairspray.

Before the session, tape a cross shape on each piece of card by taping a short piece of masking tape horizontally across a longer vertical piece.

Let the children completely cover their card in chalks or pastels, smudging the colours together for nice effects. Spray the finished card with hairspray to 'fix'. Once it's dry, peel off the masking tape you'll be left with a white cross in the middle of the riotous colour!



2. Equipment

Sand or soil tray, or in the garden, sticks, pebbles, tissue paper, fake flowers.

Let the children create an Easter garden using the sand or soil tray and the materials you have provided. They can make flowers from the tissue paper.

3. Equipment

The printed sheet for each child on card, lots of bits of coloured paper and foil, glue, scissors.

Let the children collage the different foil and papers onto their Easter egg shape. If you want a slightly less messy activity, they can use coloured pens and pencils instead. Once the eggs are finished, they can be cut out.

The Point: A session reminder.

Download

[3-4SP301EasterEgg.pdf](https://www.energy.uk.net/3-4SP301EasterEgg.pdf)

The Point: A reminder craft.

Song

Enjoy singing the song together. Actions can be found at

<https://www.youtube.com/watch?v=jSSBvT23fTY>

The Point: To round off the session.

(Material taken from Energize by Urban Saints - <https://www.energy.uk.net/>)