

# The Rock, Sunday 31 January 2021

## Speaking Right.

### Warm up

Dance to, join in with the actions and sing our Rock song.

This video has the words:

<https://www.youtube.com/watch?v=dcAG4PbNXaA>

This video has the actions: <https://youtu.be/8dbOgbRxC1M>



### Warm up Game

The aim of this game is to say a word that relates in some way to the word of the person before you. So if I say carrot, you might say orange and the next person might say tango...

Play for as long as it's engaging!

**The Point:** Just for fun, links to speaking right.

### Teaching time

#### Equipment

Bible



Remind the children that they are all God's children. Say that when we decide to follow Jesus, bit by bit we are changed to be more and more like Him. What does that mean we'll be like?

Ask the children if anyone has ever said anything to them that's upset them. Have they ever said anything that's upset someone else? Say that our words are very powerful and the things we say can make big differences to other people. If we want to have strong relationships with other people, we need to learn to speak right. The Bible has some clues to give us about how we can use our words well.

Read clue 1 Ephesians 4:25. Why should we tell the truth? What happens when we don't tell the truth? What kind of things are we tempted to lie about?

Read clue 2 Ephesians 4:26-27 . What happens when we get angry? Do we say bad things? Say that everyone gets angry but it's what we do when we are angry that can make a big difference. How can we stop ourselves from saying bad words or unkind things when we are cross?

Read clue 3 Ephesians 4:29. What is dirty talk? Say that it's when we use swear words or use God's name as a swear word or when we talk about other people meanly - either in front of them or behind their backs. How can we make sure we say the right thing at the right time? How can our words help other people?

Finally read clue number 4 Ephesians 4:31. What does this verse tell us we shouldn't do to other people? Is this easy or hard? What about when they're really annoying? Say that Jesus never yells at us or swears at us or is rude to us and all of us can be pretty annoying! If we ask him to help us, we can choose not to shout or scream or yell at other people - even if they are really annoying!

Ask the children to sum up these four clues. Can they come up with one word for each clue so that they can easily remember all of them? It would be nice for you to pray for all the children at this point. Maybe they want to touch their own tongue as you pray for God to help them to speak right.

**The Point:** To think about how we use our words well.

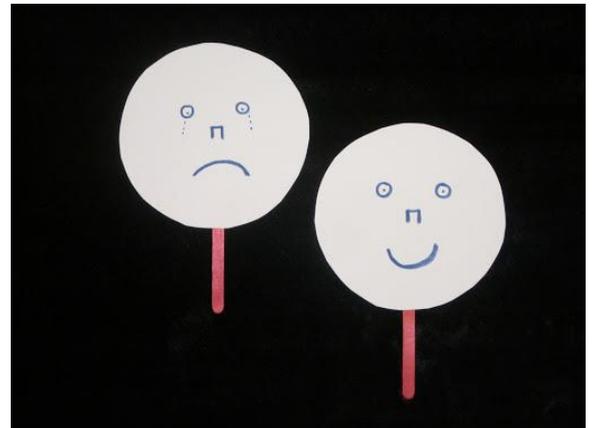
### **Craft idea**

#### **Equipment**

Card or paper plates, googly eyes or pens to draw eyes. felt tips, wool, glue, lolly sticks.

Ask the children how people feel when wrong words have been spoken to them? How do they feel when they've been spoken to nicely? Say that you're going to make a two sided face to remind us of the effects that good and bad words have on others.

Cut out card circles or use a paper plate. Give everyone two circles and ask them to create a happy face and a sad face. They can be as detailed as they like. Add googly eyes and wool for hair. You could provide odds and ends for hair ribbons, earrings, etc.



Put one face facedown and glue on the back of it. Put the end of the lolly stick in the centre at the bottom and then put the other face facing up on top, being sure to match up the edges all the way around.

**The Point:** A teaching reminder.

### **Response**

***“Let my words and my thoughts be pleasing to you, Lord, because you are my mighty rock and my protector.” Psalm 19:14***

Learn and pray the verse together.

**The Point:** To learn scripture.

# **THE ROCK**

(Material taken from Energize by Urban Saints - <https://www.energize.uk.net/>)

