

The Rock, Sunday 5th July 2020

Sharing the good news of Jesus

Warm up

Dance to, join in with the actions and sing our Rock song.

This video has the words:

<https://www.youtube.com/watch?v=dcAG4PbNXaA>

This video has the actions: <https://youtu.be/8dbOgbRxC1M>



Getting started

Ask the children to stand on one leg for a minute; when they think the minute is up they can sit down. Comment that time seems to pass slowly when you are waiting for something – even if it is only to put your foot down!

Say that when people were waiting for the Messiah/saviour/Jesus to be born time seemed to pass slowly – but God kept his promise!

After 1 minute has passed, tell the children who was closest in their estimation.

Now have a second competition – who can stay on one leg for longest?

As the children take part in this competition, remind them that God always keeps his promises – he still keeps them today!

The Point: to remember that God keeps his promises... even if it seems a long time to wait for the answers.



Story/ teaching time

Before you start the story, show the children the following actions:

A long time ago – spin round with arms out (space permitting)

God promised – hold hands together

To send a saviour – arms out as if on a cross.

Now tell the story, encouraging them to join in with the appropriate actions.

A long time ago, God made the world.

It was good.

God was happy with the world that he had made. He made all the animals, all the plants, all the trees and flowers and all the people.

Everything was good, everything was happy... until, one day, a long time ago, a lady called Eve did something very silly.

She disobeyed God. She knew what he had told her not to do – and she did it anyway.

God was sad. Now all people would do bad and silly things.

Eve was sad too. She knew that she had done wrong.

But God promised to send a Saviour.

God promised that this saviour would come to earth and put things right.

A long time ago, years passed. People did silly things.

But when they spoke to God and said sorry, God promised. He promised that one day he would send a saviour. Someone to put right the wrong things... someone who would help them to love God properly.

A long time ago. Years passed. People kept praying to God to send them their saviour.... because God had promised.

Then, one day – still a long time ago, God sent the saviour.

He didn't send a man. He sent a baby. A baby called Jesus. Jesus was born in a poor home, and his mother was a poor young woman called Mary.

We still think about Jesus being born at Christmas today.

And when Jesus grew up, he died on a cross, and he became our saviour.

God promised to send a saviour. And Jesus was that saviour. When he was grown up, he died on a cross. And God punished him for all the wrong things everybody had done... people like Eve, who did the first ever bad things. And people like you and me, who do bad things too..... All of us can be God's friends, because Jesus was born... God sent a saviour.



The Point: To explain that Jesus had been promised for many years.

Craft ideas

1 Equipment

Small fairy cakes, icing, sweets or sprinkles, plastic knives, birthday candles, matches (if appropriate)



Give each child a small cake (you can buy multi pack value cakes at the supermarkets or pound land if you don't have time to make your own.)

Let the children spread icing over the cakes and decorate them using sweets or sprinkles. When finished, they can stick a candle in the top.

If it is safe to do so, you could light the candles and sing Happy Birthday to Jesus.

The Point: To celebrate Jesus the Messiah's birth.

2. Equipment

The PDF attached printed out for each child or the outline of a crown

The children are going to decorate a crown with the word 'Promised' on it. They can put other words on it too if they like - such as Jesus, Messiah, friend etc. Let the children have a free hand to decorate the crowns as they like.

The crown will remind them that Jesus is the promised king - the Messiah.

The Point: A reminder that Jesus is the Messiah!

Download

[Crown Outline.pdf](#)

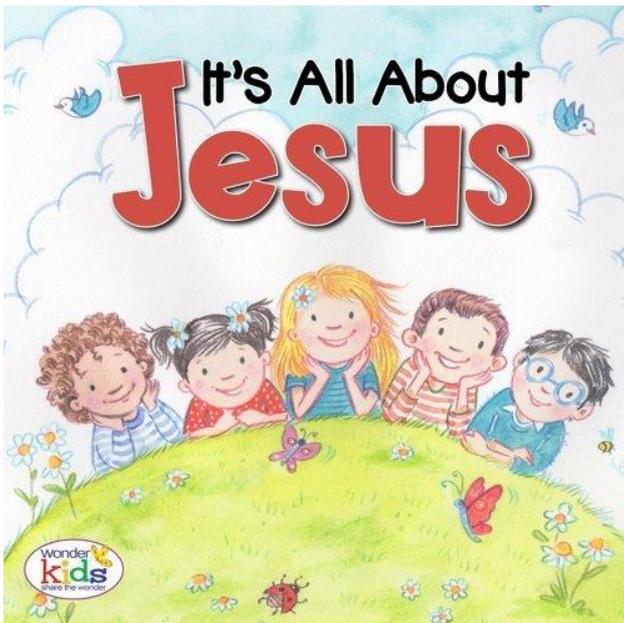
3.

Equipment paper hearts, old newspapers, scissors, pens and pencils

Design paper hearts with good news messages to give to a friend. See the examples below.



Worship and Reflection



Equipment

A sheet paper, pens.

On the paper, write, "All about Jesus".

Discuss why it is important to evangelise – what do we say about Jesus?

Write their ideas on the paper, such as: "Jesus loves everyone", "Jesus can help us"

The Point: An opportunity to think about how we evangelise – and who Jesus is and why his birth is so important.

(Some material taken from Energize by Urban Saints - <https://www.energize.uk.net/>)